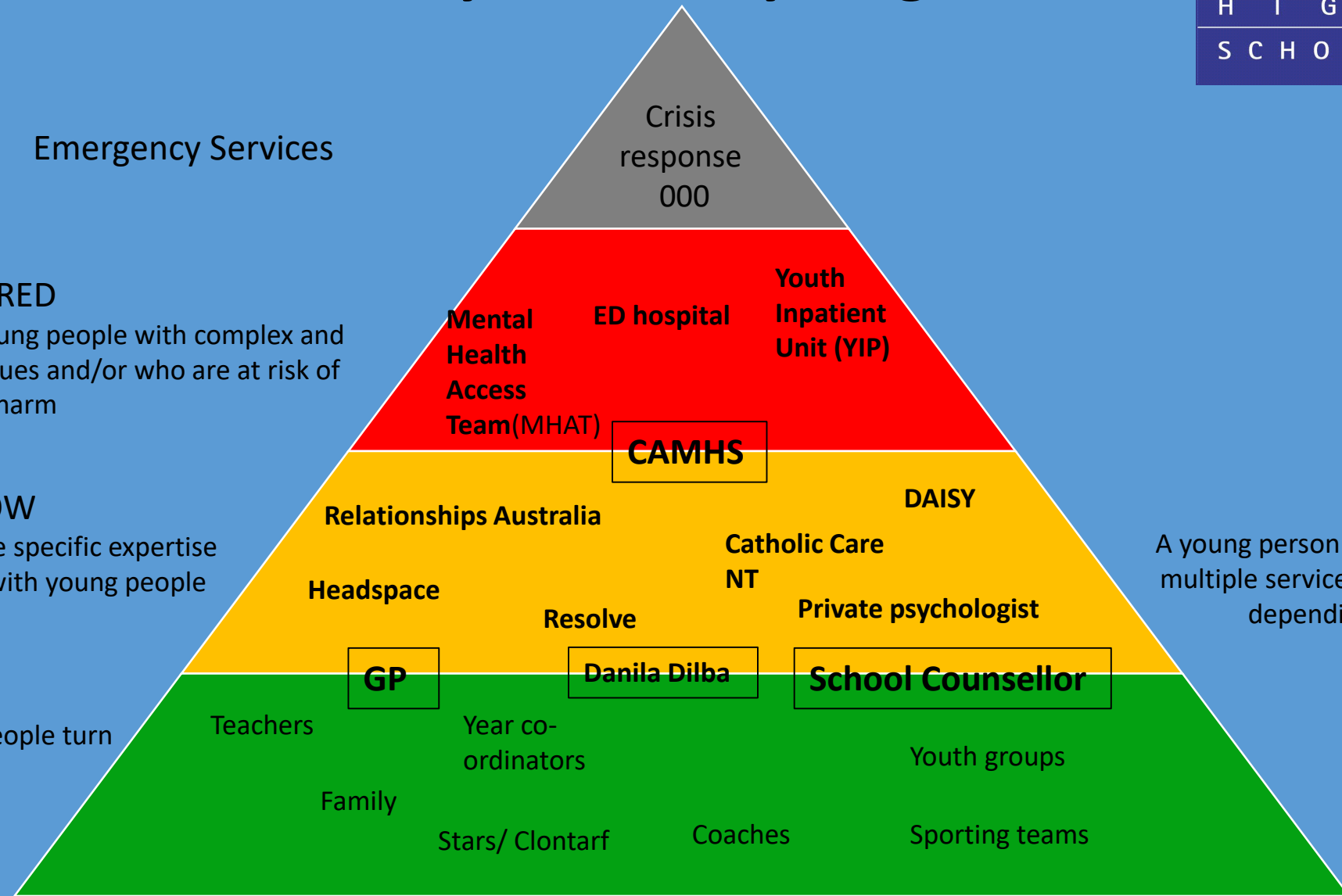
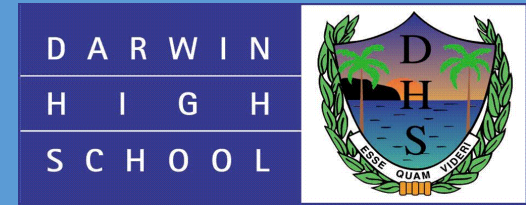


Care Pyramid for young adults



RED
Specialist services for young people with complex and severe mental health issues and/or who are at risk of harm

YELLOW
Professionals who have specific expertise and skills in working with young people

GREEN
First place many young people turn to for help

A young person may receive support from multiple services across the care pyramid depending on their needs.

Service	Service type	Contact
DAISY	Youth Drug and Alcohol support	8944 2000
Amity Community Services	Youth Drug and Alcohol support	8944 6565
Sexual Assault Referral Centre (SARC)	Counselling and education support for sexual assault	8922 6472
Ruby Gaea	Information, counselling and support	8945 0155
Somerville	Disability services, family services, youth services	Darwin: 8920 4100; Palmerston: 8935 1500; Katherine: 8972 5100
Anglicare Reconnect	Support service for youth 12-18 years	Darwin: 8985 0000; Palmerston: 8932 7850
Anglicare Youth Accommodation Support Services (YASS)	Outreach support, short and medium term accommodation	Darwin: 8985 0001; Palmerston: 8931 7100

Service	Service type	Contact
Danila Dilba Youth Services	ATSI Youth wellbeing support	8932 3166
Headspace (Primary Team)	Youth Mental Health Service 12-25 years	89315999
Child Adolescent Mental Health Services (CAMHS)	Tertiary Mental Health Service 4-18 years	8999 4959
Headspace Youth Early Psychosis Program	Early psychosis support	8931 5999
Relationships Australia	Counselling support	8923 4999
Catholic Care NT	Individual and family support	8944 2000

Service	Service type	Contact
Mental Health Access Team (MHAT)	24/7 Mental Health Line	1800 682 288
Youth Inpatient Unit (YIP)	Inpatient mental health facility	RDH
Child Adolescent Mental Health Services (CAMHS)	Tertiary Mental Health Service	8999 4959